

---

**WILLOW DULUTH** Women Involved in Life Learning from Other Women. Please call Traci to register 678-990-6435.

**TWILLOW DECATUR** Transgender Women Involved in Life Learning from Other Women. It is an authorized adaption of a CDC intervention specifically for Transgender women living with HIV. Participants discuss a variety of topics ranging from effective communication, types of abuse, coping strategies and other life skills that make living with HIV more manageable. TWILLOW consists of four (4) hour sessions and each participant receives \$200 in incentives, a full catered meal and roundtrip MARTA cards for their participation. We pride ourselves on maintaining the confidentiality of all of our participants. **TWILLOW IS ACTIVELY RECRUITING. PARTICIPANTS ARE REQUIRED TO ATTEND ALL FOUR SESSIONS, 4 HOURS EACH, \$200 IN INCENTIVES!** Noon until 4pm.

If you or someone you know identifies as transgender of gender nonconforming and are living with HIV, please contact [Tori.Cooper@pihcga.org](mailto:Tori.Cooper@pihcga.org) or [Joi-Elle.White@pihcga.org](mailto:Joi-Elle.White@pihcga.org) to get registered for our next session. **\*Proof of HIV status is required for participation in TWILLOW\***

**TLC: Together Learning Choices – Acting Safe DECATUR** TLC is a group for newly diagnosed minority youth ages 18 – 24. Focuses on improving health and engaging in healthy relationships, TLC is a closed group where participants meet for 3 hour sessions, once a week for 4 weeks. All participants receive a \$50 gift at the end of each session and a voucher for a free STI screening (valid for 1 year) at the end of the 4 week cycle. **Contact Kasarah Phillips or Will Wheaton at (678)365-4300 for information and registration. NOW recruiting for new groups!**

### Current Groups

---

**50 Plus** Every Monday 2:00-3:30 pm **DECATUR**

A supportive group for Bi/Gay Men 50 years or older who are HIV positive to come together to receive support, healing, advice, coping strategies, new life skills and wisdoms. This is a unique and safe space to join, share, laugh, cry, love, grow and build connections. Contact Jeffrey Gause, to be screened for the group at 404-589-9040.

### **HoP – Hour of Power**

**Hour of Power (HoP)** is an empowerment group for the Transgender community and our allies. **HoP** meets twice monthly in our MARTA convenient Decatur office. At **HoP**, we discuss all kinds of issues that help transgender women and men live their best lives. We bring guests who are specialists in their respective fields to talk about ways to live your best life. **HoP** is an open group and **Everyone** is welcome, regardless of gender identity. The next meetings are: **June 4 and June 18th 3:00-5:00pm**. To RSVP or for more information, please contact **Tori Cooper (678)990-6438** or [HoP@pihcga.org](mailto:HoP@pihcga.org)

---

**Living Well with HIV: For Long Term Survivors** Meets the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday every month from 2:00PM – 3:30PM **DULUTH**

A group for persons with HIV who are interested in self-improvement as they learn to live well with HIV. Group members will assist one another in recognizing, accepting and overcoming life's challenges. Open group, no pre-registration required. Please contact Sharon Kricun **(678) 990-6440** for more information.

**Immigration Support Group (in Spanish)** First and Third Tuesday 5:00PM – 7:00PM **DECATUR**

Education group focuses on education regarding individual rights in the US and relaxation/stress reduction techniques. Please contact Lucero Morse (678) 365-4303 for information and registration.

HEART Program - Peer Support 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month 11:00AM – 12:30PM and 1:30-3:00PM

**Peer Led and Community Support Groups for HIV** ***Not Directly Affiliated with Positive Impact Health Centers***

Check Yourself Before You Wreck Yourself: Thursdays 10:00AM – 11:30AM Room 426, Grady IDP  
A skills based group for individuals who struggle with feeling stressed out and overwhelmed a lot, feeling unhappy in many of their relationships, feeling controlled by their emotions and have a hard time relaxing or knowing how to relax. Open group, however membership is capped at 10. Participants must be in primary care at Grady IDP Contact: Jeff Figueroa, LPC (404) 616-9725

Choices: Monday- Thursday, 11:00AM -12:00PM, Every 4<sup>th</sup> Friday - Fun Friday 10:00AM – 11:15AM  
Grady IDP

Substance abuse group with a harm-reduction approach. Participants must be in primary care at Grady IDP

Contact: Luis Alvarez (404) 616-6041

Dialectical Behavior Therapy, Skills Building Group Thursday 3:00PM - Grady IDP

Contact: Jeff Figueroa, LPC (404) 616-9725

Emotions Anonymous, Every Tuesday and Thursday 6:30PM - 7:30PM at the Galano Club 585 Dutch Valley Way, Atlanta GA 30324. Please contact Nate Z at 404-732-2759 for more information.

Healthy Living / Emotional Wellness Support Groups Aniz, Inc. 210 Mitchell Street, Atlanta GA 30303  
Thursday 12:00PM – 1:30PM Closed group, HIV+ Aniz clients only. Lunch and MARTA card provided  
Contact: DJ Lampkin (404) 521-2410

1<sup>st</sup> and 3<sup>rd</sup> Monday 6:00PM – 7:30PM Open group for anyone affected by HIV. Dinner and MARTA card provided.

North Fulton Transgender Support (NFTS) Free adult and teen groups, meet at Wellspring Counseling Center, Roswell GA

Contact Anna Baxter at (678) 446-8653 for information.

TRANSIT JustUs Atlanta St Marks UMC Meets every Tuesday 7:00PM – 9:00PM For trans individuals age 13-28

Contact: Zach Schaeter [zmschaeter@gmail.com](mailto:zmschaeter@gmail.com) for information.

Lady BurgAndy L.O.V.E Group

Support group for women under 35 living with HIV. Contact Masonia Traylor (770) 299-3690 for information and registration.

Positive Connections at SisterLove, Inc.

MotherHouse Location, 1st Floor, 1237 Ralph David Abernathy Blvd., Atlanta, GA 30310,  
[www.sisterlove.org](http://www.sisterlove.org)

Every 4<sup>th</sup> Tuesday 11:00AM – 1:00PM Sassy 60's for HIV+ men and women over 60

Every 3<sup>rd</sup> Thursday 11:30AM – 2:30PM HIV+ Women's Group

Contact: Del'Rosa Winston-Harris (404) 254-4734 [dharris@sisterlove.org](mailto:dharris@sisterlove.org).

Together For Life: Peer Run HIV Support Group. Monday 5:30PM to 7PM

Contact Jennifer Creighton, Fulton County Department of Health and Wellness Client Services, 404-613-1458 or Dwight Curry Anderson, Facilitator, 678-886-8418.